



**Sac City, IA**  
**PHONE: 662-7648**  
**STORE HOURS:**  
 Mon. thru Sun. - 7 am to 9 pm



**Prices Effective:**

**Tuesday, February 5 thru Monday, February 11, 2019**

Not all items available at all stores. We reserve the right to limit quantities and make substitutions. Not responsible for printer or typographical errors.

# Winter Warm Up to Savings



**1.29**  
 lb.  
 Smithfield All Natural Assorted Pork Chops  
 • Smithfield All Natural Center Cut Chops Family Pack ... \$1.69/lb.

**4.99**  
 lb.  
 USDA Choice AngusPride Boneless Beef Lean Top Sirloin Steak



**2.99**  
 lb.  
 Sold in a 10 lb. Tube  
 85% Lean Ground Beef  
 85% Lean Ground Beef Family Pack ... \$3.49/lb.



**2/\$6**  
 1 lb. Fresh Strawberries



**2.99**  
 10 lb. Bag Green Giant Idaho Russet Potatoes

## MANAGER'S SPECIALS

**1.88** lb. Bulk Peanuts  
**44¢** 6 oz. Our Family Yogurt  
**2.99** lb. Stuffed Pork Chops or Stuffed Boneless Skinless Chicken Breast  
**1.29** 24 oz. Our Family Sandwich Bread

<p><b>Hostess Mini Muffins</b>          20 ct. Select Varieties          PLU #10001</p> <p><b>BUY 1, GET 1 FREE</b>  <small>OF EQUAL OR LESSER VALUE</small></p>	<p><b>Juicy Juice 100% Juice</b>          64 oz. or 8 Pk. Select Varieties          PLU #10002</p> <p><b>BUY 1, GET 1 FREE</b>  <small>OF EQUAL OR LESSER VALUE</small></p>
<p><b>Our Family Steak Sauce</b>          10 oz.          PLU #10003</p> <p><b>BUY 1, GET 1 FREE</b>  <small>OF EQUAL OR LESSER VALUE</small></p>	<p><b>Skinner, Creamette or Light'n Fluffy Egg Noodles</b>          12 oz., Select Varieties          PLU #10004</p> <p><b>BUY 1, GET 1 FREE</b>  <small>OF EQUAL OR LESSER VALUE</small></p>
<p><b>Our Family Quilted Premium Bath Tissue</b>          6 Rolls          PLU #10005</p> <p><b>BUY 1, GET 1 FREE</b>  <small>OF EQUAL OR LESSER VALUE</small></p>	<p><b>Our Family Kitchen Trash Bags</b>          20 ct.          PLU #10006</p> <p><b>BUY 1, GET 1 FREE</b>  <small>OF EQUAL OR LESSER VALUE</small></p>
<p><b>Sunny D Drinks</b>          64 oz. Select Varieties          PLU #10007</p> <p><b>BUY 1, GET 1 FREE</b>  <small>OF EQUAL OR LESSER VALUE</small></p>	<p><b>Crystal Farms Cheese Chunks</b>          7-8 oz. Select Varieties          PLU #10008</p> <p><b>BUY 1, GET 1 FREE</b>  <small>OF EQUAL OR LESSER VALUE</small></p>
<p><b>Cole's Mini Loaf Garlic Bread</b>          8 oz.          PLU #10009</p> <p><b>BUY 1, GET 1 FREE</b>  <small>OF EQUAL OR LESSER VALUE</small></p>	<p><b>TopCare Mouthwash</b>          250 ml. Select Varieties          PLU #10010</p> <p><b>BUY 1, GET 1 FREE</b>  <small>OF EQUAL OR LESSER VALUE</small></p>

# produce, fresh & flavorful!



**2/\$5**

Pint  
Blueberries or  
6 oz.  
Blackberries



**2.99**

3 ct.  
Dole  
Romaine Hearts



10 oz. Pkg.  
Grape  
Tomatoes  
**2/\$4**



Minneola  
Tangelos  
**99¢**  
ea.



Braeburn or Gala  
Apples  
**1.29**  
lb.



Texas  
Red Grapefruit  
**98¢**  
ea.



8 lb. Bag  
Navel  
Oranges  
**8.99**



Anjou or Bosc  
Pears  
**1.29**  
lb.

## frozen value!



**3/\$5**

11-12 oz.  
Select Premium Varieties  
Green Giant  
Vegetables



**4/\$5**

9.8-10.9 oz.  
Select Varieties  
Totino's  
Party Pizza



**3/\$8**

9-16 oz.  
Select Varieties  
Hungry Man  
Dinners or Hand Fulls



26-40 oz., Select Varieties  
Stouffer's  
Family Size  
Meals

**6.99**



4.72-10.5 oz.  
Select Varieties  
Smart Ones  
Meals

**3/\$5**



14-15.75 oz. Garlic Toast or  
5 ct. Cheese Sticks  
Select Varieties  
Cole's  
Garlic Toast or  
Cheese Sticks

**2.69**



24-32 oz.  
Select Varieties  
Mr. Dell's  
Hash Browns

**2.89**



42 oz.  
Select Varieties  
Birds Eye  
Viola Meals

**6.99**

## dairy savings!

**2/\$5**

6 Pk., Select Varieties  
Bays  
English Muffins



**2/\$5**

8-16 oz.  
Select Varieties  
I Can't Believe  
It's Not Butter



**3/\$5**

8 ct. Cinnamon, 8-12 oz.  
Crescent or 13.8 oz. Pizza  
Our Family Cinnamon or  
Crescent Rolls or  
Pizza Crust



**4/\$5**

59 oz.  
Select Varieties  
Minute Maid  
Lemonade or  
Punch



20 oz.  
Select Varieties  
Simply  
Potatoes  
**2/\$4**



6-8 oz.  
Select Varieties  
Crystal Farms  
Deli Slices  
**2.89**



10-12 oz.  
Select Varieties  
Our Family  
Stick or String  
Cheese

**2.89**



18 ct.  
Our Family  
Large Eggs  
**1.77**



6.5 oz.  
Select Varieties  
Reddi Wip  
Topping  
**2.39**



64 oz.  
Select Varieties  
Almond Breeze  
Milk

**2.89**

## pet & health savings!

60-250 ct.  
Select Varieties  
TopCare  
Vitamins

**25% OFF**

4 oz. or 24 ct.  
Select Varieties  
TopCare  
Children's  
Ibuprofen

**3.99**

3-4 lb., Select Varieties  
Pure Harmony  
Dog or Cat Food

**4.49**

13.5-16 lb., Select Varieties  
Meow Mix  
Cat Food

**11.99**

14 lb.  
Paws Scoopable  
Cat Litter

**4.99**

# pantry essentials to save you more!

<p><b>4<sup>97</sup></b> 10-12 oz or 12 ct., Select Varieties Our Family Premium Coffee</p>	<p><b>5<sup>77</sup></b> 24.2-29.2 oz. Select Varieties Our Family Coffee</p>	<p><b>2<sup>99</sup></b> 24 oz. Our Family Shredded Wheat Cereal</p>	<p><b>89¢</b> 5 oz. Our Family Tuna in Water</p>
<p><b>3/\$2</b> 4 oz. Pizzas &amp; Stems Our Family Mushrooms</p>	<p><b>10/\$10</b> 24 oz. Select Varieties Our Family Pasta Sauce</p>	<p><b>3/\$5</b> 16 oz., Select Varieties Our Family Saltines</p>	<p><b>3/\$2</b> 10.5 oz. Our Family Chicken Noodle or Tomato Soup</p>
<p><b>88¢</b> 4 oz., Select Varieties Our Family Instant Potatoes</p>	<p><b>2<sup>49</sup></b> 42 oz. Select Varieties Our Family Oats</p>	<p><b>1<sup>88</sup></b> 14.3-25 oz. Select Varieties Our Family Creme Cookies</p>	<p><b>4<sup>99</sup></b> 10-12 oz., Select Varieties Our Family Almonds or Cashews</p>
<p><b>3<sup>99</sup></b> 11-14 oz. Select Varieties Our Family Trail Mix</p>	<p><b>3/\$4</b> 5-8 oz. Select Varieties Our Family Cheese Snacks</p>	<p><b>1<sup>99</sup></b> 2 lb. C&amp;H Powdered or Brown Sugar</p>	<p><b>2/\$5</b> 10-12 oz. Select Varieties Nestle Morsels</p>
<p><b>2<sup>99</sup></b> 48 oz. Oil or 5-6 oz. Spray Select Varieties Wesson Oil or Pam Cooking Spray</p>	<p><b>5/\$5<sup>55</sup></b> 6 ct. Select Varieties Kool-Aid Bursts</p>	<p><b>2/\$6</b> 64 oz. or 6 Pk. Select Varieties Welch's Juice</p>	<p><b>2<sup>88</sup></b> 8.8-13.7 Ritz or 10 oz. Newtons Select Varieties Nabisco Ritz Crackers or Newtons</p>
<p><b>1<sup>99</sup></b> 11-16.4 oz. Chips Deluxe 7 oz. Cheez-Its Select Varieties Chips Deluxe or Cheez-Its</p>	<p><b>2/\$5</b> 7-9.25 oz. Fritos or Cheetos, 8 oz. Munchies Select Varieties Frito Lay Fritos, Cheetos or Munchies</p>	<p><b>2<sup>99</sup></b> 8 Pk. Select Varieties Ice Mountain Sparkling Water</p>	<p><b>3<sup>89</sup></b> 42-43.5 oz. Select Varieties La Choy Bi Pack Meals</p>
<p><b>2<sup>19</sup></b> 10 oz. Select Varieties La Choy Sauce</p>	<p><b>3<sup>79</sup></b> 32 oz. Uncle Ben's Rice</p>	<p><b>88¢</b> 12-16 oz., Select Varieties Skinner, American Beauty, Ronzoni or Creamette Pasta</p>	<p><b>2/\$3</b> 3 Pk. Select Varieties Act II Popcorn</p>
<p><b>2/\$4</b> 1 oz. Select Varieties Tippy Toes Yogurt Bites</p>	<p><b>2/\$3</b> 1.48 oz. Select Varieties Tippy Toes Puff Snacks</p>		

## coupon savings from General Mills

<p>8.9-9 oz. Cheerios, 10.5 oz. Lucky Charms, 11.5 oz. Reese's Puffs, 11.8 oz. Cocoa Puffs General Mill Cereal</p> <p><b>4/\$8</b> Sale Price ..... 4.80 Coupon Savings ..... 4.00</p>	<p>5-12 ct. Select Varieties Nature Valley, Fiber One or Treat Bars</p> <p><b>4/\$8</b> Sale Price ..... 4.80 Coupon Savings ..... 4.00</p>	<p>PLU 30730 STORE COUPON EXPIRES: 2/21/10 RW0200</p> <p>Good only at a participating SpartanKash Store.</p> <p><b>Save \$2.00</b></p> <p>when you buy ANY FOUR (4) participating* General Mills products in a single transaction with coupon.</p> <p><small>*Participating Products: Progresso Organic Soup (14 - 14.5 oz) or Annie's (14 - 14.5 oz), Annie's Canada Macaroni &amp; Cheese (9 - 11 oz) or Microwaveable Oats (4.02 oz), Betty Crocker Brownie Mix (16.5 - 22.25 oz) or Dessert Bar Mix (10.75 - 16.5 oz), Betty Crocker Cocoa Mix (16.25 - 16.25 oz), Betty Crocker Frosting (12 - 16 oz), Pillsbury Cookie Dough (16 - 16.5 oz), General Mills Cereal, Cheerios (8.9 - 11.8 oz), Multi-Grain Chex (9 oz), Lucky Charms (11.5 oz), Reese's Puffs (11.5 oz) or Cocoa Puffs (11.5 oz), Nature Valley Granola Bars or Bars, Fiber One Bars or Bars or Cascadian Farm Organic Chocolate Chip or Peanut Butter Chocolate Chip Chewy Granola Bars (5 - 6 oz), Lucky Charms, House of Puffs or Creamer Toast Crunch Treats (8.1 oz).</small></p> <p><small>COUPONS GOOD ONLY AT SPARTANKASH SUPER STORES. Limit one coupon per customer per sale on specified brand's products. This coupon good only on product date and minute. Initial. Some restrictions apply with other coupons. DO NOT DOUBLE. *EXCLUDE: Please consult the General Mills website for participating products. ©2010 General Mills. All rights reserved. See the General Mills website for complete details regarding this offer.</small></p>	
<p>15.25 oz. Select Varieties Betty Crocker Premium Cake Mix</p> <p><b>2/\$2</b> Sale Price ..... 2.50 Coupon Savings ..... 2.50</p>	<p>15.25-16.25 oz. Select Varieties Betty Crocker Cake Mix</p> <p><b>4/\$3</b> Sale Price ..... 4.00 Coupon Savings ..... 4.00</p>	<p>12-16 oz. Select Varieties Betty Crocker Frosting</p> <p><b>1<sup>19</sup></b> Sale Price ..... \$1.69 Coupon Savings ..... 50¢</p>	<p>16.5-19.5 oz. Select Varieties Betty Crocker Brownie Mix</p> <p><b>2/\$4</b> Sale Price ..... 2.50 Coupon Savings ..... 2.50</p>
<p>13.75-22.25 oz. Select Varieties Betty Crocker Dessert Mix</p> <p><b>2/\$4</b> Sale Price ..... 2.50 Coupon Savings ..... 2.50</p>	<p>14-14.3 oz. Select Varieties Progresso or Annie's Organic Soup</p> <p><b>2/\$4</b> Sale Price ..... 2.50 Coupon Savings ..... 2.50</p>	<p>16-16.5 oz. Select Varieties Pillsbury Cookie Dough</p> <p><b>2/\$4</b> Sale Price ..... 2.50 Coupon Savings ..... 2.50</p>	

## home & health deals

<p>12 Dbl. or 6 Mega Rolls Cottonelle Ultra Comfort Care Bath Tissue</p> <p><b>6<sup>99</sup></b></p>	<p>15 oz. Select Varieties Suave Body Wash</p> <p><b>1<sup>99</sup></b></p>	<p>30-160 ct. Select Varieties Kleenex Facial Tissue</p> <p><b>2/\$3</b></p>	<p>32-50 oz. or 18-21 ct. Select Varieties All Laundry Detergent</p> <p><b>3<sup>99</sup></b></p>
<p>24 oz. Select Varieties Simply Done Dish Liquid</p> <p><b>2<sup>29</sup></b></p>	<p>32 oz. Our Family Glass Cleaner</p> <p><b>1<sup>99</sup></b></p>	<p>50 ct. Select Varieties Glad Paper Plates</p> <p><b>3<sup>99</sup></b></p>	<p>30-50 ct. Quart or Gallon Our Family Storage or Freezer Bags</p> <p><b>2<sup>29</sup></b></p>

# meat, the fresh cut!



**2/\$6**  
Steaks  
USDA Choice AngusPride  
12 oz. Pkg.  
Boneless Beef  
Bacon Wrapped  
Sirloin Fillets



**3<sup>99</sup>** lb.  
USDA Choice AngusPride  
Boneless Beef  
Top Round Steak



**4<sup>99</sup>** lb.  
USDA Choice AngusPride  
Boneless Beef  
Cubed Steak



**1<sup>88</sup>** lb.  
Fresh Ground  
Pork



**1<sup>49</sup>** lb.  
Family Pack  
Open Acres  
Bone-In  
Split Chicken Breast



**4<sup>99</sup>**  
23 oz., Select Varieties  
Smithfield  
Marinated  
Boneless Pork Sirloin



**4<sup>99</sup>**  
12-16 oz. Pkg.  
Select Varieties  
Hormel  
Sliced Bacon



**BUY ONE GET ONE FREE**  
12 oz. Pkg., Select Varieties  
John Morrell  
Hot Dogs



**1<sup>39</sup>** lb.  
Tray Pack  
Boneless Skinless  
Chicken Breast



11 oz. Pkg.  
Schweigert  
Braunschweiger...



12-24 oz., Select Varieties  
Bob Evans Potato  
or Mac & Cheese  
Entrées.....



16 oz. Pkg.  
Select Varieties  
Bob Evans  
Roll Sausage .....



5 oz.  
Tastee Choice  
Single Serving  
Chicken or  
Shrimp Entrées....

11 oz. Pkg.  
Schweigert  
Braunschweiger... **2<sup>49</sup>**

12-24 oz., Select Varieties  
Bob Evans Potato  
or Mac & Cheese  
Entrées..... **2<sup>99</sup>**

16 oz. Pkg.  
Select Varieties  
Bob Evans  
Roll Sausage ..... **2<sup>99</sup>**

5 oz.  
Tastee Choice  
Single Serving  
Chicken or  
Shrimp Entrées.... **10/\$10**

16 oz., Pkg., Select Varieties  
Our Family  
Stack Pack Lunch Meat  
or Hot Dogs ..... **2/\$3**

4 lb., Select Varieties  
Farmland  
Whole Boneless  
Ham ..... **8<sup>99</sup>**

25 oz. Homestyle or Italian  
Open Acres  
Meatballs..... **4<sup>99</sup>**

Frozen  
Cod Loins ..... **5<sup>99</sup>** lb.

8 oz. Pkg., Select Varieties  
Prime Fresh  
Deli Meats..... **2/\$6**

15 oz. Pkg., Select Varieties  
Hormel  
Dinner Entrées ..... **5<sup>99</sup>**

24-26.5 oz., Select Varieties  
Open Acres  
Breaded Chicken  
Fillets, Bites or Strips... **6<sup>99</sup>**

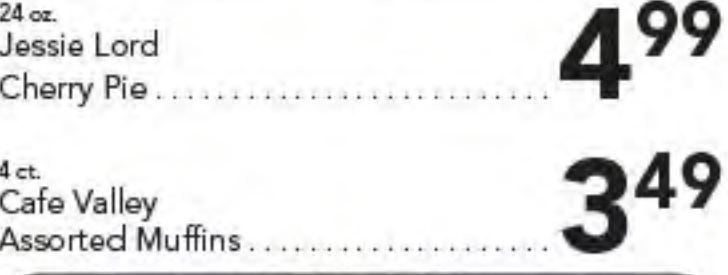
21-25 ct., 1 lb.  
Royal Tiger  
Cooked Shrimp .... **8<sup>99</sup>**

## manager's specials!

### BAKERY & DELI SPECIALS



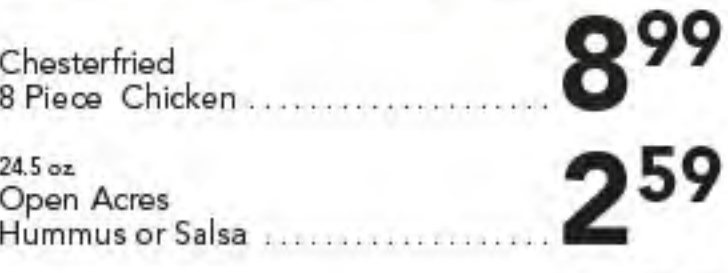
24 oz.  
Jessie Lord  
Cherry Pie ..... **4<sup>99</sup>**



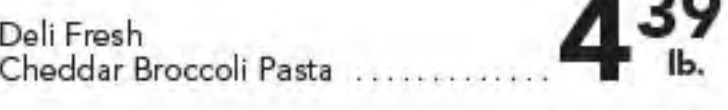
4 ct.  
Cafe Valley  
Assorted Muffins ..... **3<sup>49</sup>**



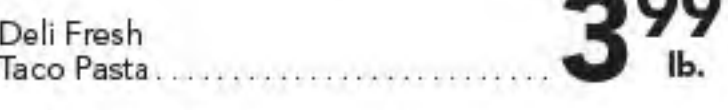
Chesterfried  
8 Piece Chicken ..... **8<sup>99</sup>**



24.5 oz.  
Open Acres  
Hummus or Salsa ..... **2<sup>59</sup>**



Deli Fresh  
Cheddar Broccoli Pasta ..... **4<sup>39</sup>** lb.



Deli Fresh  
Taco Pasta ..... **3<sup>99</sup>** lb.

### LIME-APRICOT CHICKEN

Prep: 20 minutes plus marinating Grill: 20 minutes • Serves: 4

#### INGREDIENTS

- 4 garlic cloves, minced
- 1 cup apricot preserves
- ¼ cup fresh lime juice
- 4 teaspoons less-sodium soy sauce
- 4 boneless, skinless chicken breasts
- 2 tablespoons packed light brown sugar
- 2 tablespoons pineapple juice
- 1 tablespoon apple cider vinegar
- ¼ teaspoon ground allspice
- 1 cup diced nectarines
- 1 cup diced plums
- ½ cup pitted and chopped sweet cherries
- Chopped fresh cilantro leaves for garnish (optional)



#### DIRECTIONS

- In small bowl, whisk together garlic, preserves, lime juice and soy sauce. Set aside ½ cup apricot mixture. Place chicken in large zip-top plastic bag; pour remaining apricot mixture over chicken. Seal bag; refrigerate 1 to 2 hours to marinate.
- In medium bowl, mix brown sugar, pineapple juice, vinegar and allspice. Add nectarines, plums and cherries; toss to combine. Cover and refrigerate until ready to serve.
- Prepare outdoor grill for direct grilling over medium heat. Remove chicken from marinade; discard marinade. Place chicken on hot grill rack and cook 18 to 20 minutes or until chicken loses its pink color throughout and internal temperature reaches 165°, brushing chicken occasionally with reserved apricot mixture and turning once halfway through cooking. To serve, spoon fruit mixture over chicken and sprinkle with cilantro, if desired.